

Social Welfare Rates: Budget 2026

The case for benchmarking and indexation



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Executive Summary

Core social welfare rates should increase by a minimum of €25 per week in Budget 2026. This would see the basic social welfare rate rise to €269 in 2026. A €25 increase is required to benchmark core social welfare rates to 27.5 per cent of average earnings and to address the impact of continued inflation on low income households.

Government should commit to reaching the benchmark of 27.5 per cent of average weekly earnings in Budget 2026 and develop a roadmap for the indexation of core social welfare rates against average earnings to be published in 2026.

The Programme for Government's commitment to run progressive budgets is most welcome. To do so, it will have to reduce the rich-poor gap; this will require progressive taxation policies and benchmarking core social welfare rates to average earnings.

This benchmark is hugely important to improving the living standards of many in Irish society, and to achieving anti-poverty commitments. The current Roadmap for Social Inclusion aims to reduce the rate of people experiencing consistent poverty to 2 per cent by the end of 2025.

Benchmarking minimum rates of social welfare payments to movements in average earnings is an important policy priority. A lesson from past experiences of economic recovery and growth is that the weakest in our society get left behind unless welfare increases keep track with increases elsewhere in the economy.

Social welfare payments play a crucial role in reducing poverty. In 2024, without the social welfare system almost one third (31.4 per cent) of the population would have been living in poverty. However, social welfare payments halved the poverty rate, reducing it to 14.1 per cent, and temporary cost of living supports further reduced the rate to 11.7 per cent.

Maintaining an Adequate Level of Social Welfare

Adequate levels of social welfare are essential to addressing poverty. In general, fluctuations in the poverty rates of those largely dependent on the welfare system has correlated in the past with policy moves that allowed the value of welfare payments to fall behind wage growth before eventually increasing these payments to catch up. If those dependent on social welfare are not to fall behind the rest of society at times of economic growth, the benchmarking of welfare rates to wage rates is essential.

Social Justice Ireland believes in the very important role that social welfare plays in addressing poverty. As part of the SILC results the CSO has provided an interesting insight into the role that social welfare payments play in tackling Ireland's poverty levels. It has calculated the levels of poverty before and after the payment of social welfare benefits.

Table 1.1 shows that without the social welfare system over one-third of the Irish population (31.4 per cent) would have been living in poverty in 2024. Such an underlying poverty rate suggests a deeply unequal distribution of direct income. In 2024, the actual poverty figure was reduced to 14.1 per cent by social welfare transfers and further reduced by cost-of-living support payments to 11.7 per cent. Overall, these transfers targeted at the lowest income households reduced poverty by almost 20 percentage points.

Table 1.1: The Role of Social Welfare (SW) Payments in Addressing Poverty

	2005	2010	2015	2020	2024
Poverty pre-SW	40.0	50.2	46.2	35.3	31.4
Poverty post-SW	18.3	14.7	16.3	12.8	11.7
The role of SW	-21.7	-35.5	-29.9	-22.5	-19.7

Source: CSO SILC Reports (various years) using national equivalence scale.

The ongoing increases in basics such as accommodation, food and energy. has made the challenge of making ends meet a feature of the day-to-day life for many households across Irish society and across much of the income distribution. Households on the lowest incomes who, through good and bad economic times, struggle to live life on a low income. Recent budgets have failed to deliver for them as the necessary increase to the minimum social welfare payments and a commitment to benchmarking were not made. *Social Justice Ireland* regrets this outcome as the damage caused by poverty and deprivation across society is clear to all. An increase of €25 per week on core social welfare rates is the minimum required in Budget 2026 to address income adequacy challenges and the impact of continuing inflation on low income households. It is important to note that despite rates of inflation slowing, the majority of prices for food staples and energy will not reduce into 2025 and beyond. It is well documented that low income households felt the brunt of the surge in inflation as they spend most of their money on the essentials such as food and fuel.

Benchmarking Social Welfare Rates

A lesson from past experiences of economic recovery and growth is that the weakest in our society get left behind unless welfare increases keep track with increases elsewhere in the

¹ This issue is discussed in more detail in the income distribution chapter of 'Social Justice Matters 2025' - https://www.socialjustice.ie/system/files/file-uploads/2025-

^{04/}Social%20Justice%20Matters%202025%20Body%20WEB%20Version%20Entire%20Publication.pdf

economy. Benchmarking minimum rates of social welfare payments to movements in average earnings is therefore an important policy priority.

Budget 2007 benchmarked the minimum social welfare rate at 30 per cent of Gross Average Industrial Earnings (GAIE). This was a key achievement and one that we correctly predicted would lead to reductions in poverty rates, complementing those already achieved in earlier years.²

Since then, the CSO discontinued its *Industrial Earnings and Hours Worked* dataset and replaced it with a more comprehensive set of income statistics for a broader set of Irish employment sectors. A subsequent report for *Social Justice Ireland* found that 30 per cent of GAIE is equivalent to 27.5 per cent of the new average earnings data being collected by the CSO.³

A figure of 27.5 per cent of average earnings is therefore the appropriate benchmark for minimum social welfare payments and reflects a continuation of the previous benchmark using the current CSO earnings dataset.

Table 1.2 applies this benchmark of 27.5 per cent of average earnings using the latest CSO Earnings and Labour Costs data. By the end of 2024 average weekly earnings equalled €968.25. Taking this as the starting point for earnings in 2025, we can determine that the updated value of 27.5 per cent of average weekly earnings equals €266.27 implying a shortfall of over €22 between the minimum social welfare rates being paid in 2025 (€244) and this threshold.

Given the importance of this benchmark to the living standards of many in Irish society, and its relevance to anti-poverty commitments, the current deficit highlights a need for the Government, and Budget 2026, to further increase minimum social welfare rates and commit to converging on a benchmark equivalent to 27.5 per cent of average weekly earnings and to address the impact of ongoing inflation on low income households.

Table 1.2: Benchmarking Social Welfare Payments for 2025 (€)

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Year	Average Weekly Earnings	27.5% of Average Weekly Earnings
2021	853.08	234.60
2022	883.59	242.99
2023	918.31	252.54
2024	968.25	266.27
Start of 2025	968.25	266.27

Notes: Earnings data from CSO Earnings and Labour Costs database.

Government should close this gap in Budget 2026.

Addressing income adequacy

Social Justice Ireland supports the indexation of minimum social welfare payments to ensure recipients do not fall behind the rest of society. We propose the benchmark should start at 27.5 per cent of average earnings as a minimum, that Government should commit to

² See https://www.socialjustice.ie/system/files/file-uploads/2023-05/SER%202023%20Annex%203%20Income%20FINAL.pdf for full details of the benchmarking process.

³ Collins, M.L. (2011) *Establishing a Benchmark for Ireland's Social Welfare Payments*. Paper for Social Justice Ireland. Dublin: Social Justice Ireland.

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reaching this benchmark in Budget 2026. In addition, Government should develop a roadmap for the indexation of core social welfare rates against average earnings to be published in 2026.

Social Justice Ireland is an independent think-tank and justice advocacy organisation of that advances the lives of people and communities through providing independent social analysis and effective policy development to create a sustainable future for every member of society and for societies as a whole.



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